

# Club Kalani Policies & Guidelines

## NORTHERN CALIFORNIA VOLLEYBALL ASSOCIATION (NCVA)

The national governing body for the sport of volleyball in the United States, became incorporated as a non-profit corporation called the Northern California Volleyball Association, NCVA, in 1982. The NCVA abides by the rules set forth by USA Volleyball; however, it operates as a completely separate business entity. The NCVA hosts and approves competition, fellowship play, clinics, leagues and tournaments. The NCVA also hosts one of the ten National Qualifiers for USA Volleyball. In addition, the NCVA aids in the development of players, coaches, referees and scorekeepers.

After each tournament, team standings will be posted on their website, [www.ncva.com](http://www.ncva.com)

## LEAGUE TOURNAMENT FORMATS

The NCVA offers 3 different League Tournaments: Power League, Premier League and Non-League. Teams can elect to play in either **Power** or **Premier**, and in any of the **Non-League** Tournaments.

- **Power League teams** are grouped based on performance and tournaments are held anywhere within the NCVA region. Travel time can be anywhere from 1 to 4 hours by car. Points are awarded based on your team's performance in each tournament, and a running total is maintained for the entire season. For each tournament, the top 12 teams based on their finish in the previous tournament play together in the Gold division, then the second 12 in the Silver division, and so on. Teams who finish high in the season can qualify to earn a bid to the Junior Nationals Tournament.
- **Premier League teams** are grouped based on geographical preference, and not by performance. Travel time is usually 90 minutes by car. Points are awarded for your team's performance in each tournament and a running total is kept for the entire season.
- **Non-League Tournaments** have no seeding and are open to all teams
- **Qualifiers** are tournaments that teams compete in to try and gain bids to Junior Nationals.
- **Special Tournaments** are usually 2 or 3day tournaments, and mixed with teams from the Power and Premier Leagues, as well as teams from outside the NCVA region. These tournaments give teams the opportunity to play against teams outside their League or Region.

## LENGTH OF SEASON:

Each team can plan on competing from January through June

## NUMBER OF TOURNAMENTS:

The number of tournaments will depend on which League format the team selects.

## WHAT TO EXPECT ON A TOURNAMENT DAY:

The location of a League tournament is usually posted only a few days prior to the tournament. Please note that the NCVA solely determines the locations of these tournaments, and Club Kalani, or any other Club, does not have any input on the locations. Depending on the location, parents can choose to stay overnight in a hotel, and the expense is the sole responsibility of the player.

Typically, players will arrive at the playing site at approximately 7:30am on the day of the tournament. The schedule of matches will be posted that morning at the playing site. Mornings involve pool play, afternoons involve bracket play. It is not unusual for the final matches to be played around 5 or 6:00pm. Bracket play is single elimination, pool play is not.

## FOOD:

Teams usually organize "group food", and how it is organized is determined by each team. The Team Mom or another parent on the team will be responsible for coordination, which means each player is responsible for bringing one food item to feed the team, the coach, assistant coach and the parents. Group food typically includes breakfast items, snacks, lunch and drinks.

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There will be down-time during the course of the tournament, and the amount of time will vary at each tournament. Because of this, it is recommended that your player bring a pillow, blanket, books, homework, IPODS, or games. Please note that the safety and security of these items are the sole responsibility of the player.

## **OUT OF TOWN TOURNAMENTS (QUALIFIERS):**

The format is the same as a Power League tournament (pool then bracket play), but these Qualifiers are held at out of town locations. Travel arrangements for coaches, players and chaperones will be made by a designated person on each team. Each team is required to have two adult chaperones. Players are housed together usually three or four girls per room. Chaperones share one room. The chaperones are responsible for the safety and security of the players for the entire trip. Their duties include, but are not limited to: ensure the girls get plenty of water, ensure they are eating properly, transport the players to/from the hotel, playing sites and meals. All Players (team members) will divide the total cost for the team's lodging, transportation and parking costs incurred by the chaperones, and the cost for the Coach's lodging and parking. These costs will be divided equally by all Players, regardless of whether or not all Players participate in that tournament.

## **PLAYING TIME:**

There is no guaranteed playing time for any player during a tournament.

## **SCHOOL:**

Some out of town tournaments may require school absences. Players are responsible for communicating with their teachers to make up any missed arrangements. Please check with your player's school regarding their policies on student absences.

## **PRACTICES:**

Each team will practice twice per week with the average duration of 2 hours per session.

## **CODES OF CONDUCT**

### **Northern California Volleyball Association Participant Code of Conduct**

In consideration of the rights granted by my membership with the Regional Volleyball Association (RVA), a USA Volleyball (USAV) RVA member, I consent to abide by the rules of conduct set forth herein, while I am a member of the RVA. I understand that these rules extend to my conduct in activities related to, and during any USAV/RVA sanctioned event in which I participate. This includes all events or activities sanctioned or sponsored by the RVAs or the USAV, practices, travel to and from events, volleyball camps, players' clinics and officials' clinics. I also understand that if I violate any of the following rules, I might be subject to whatever disciplinary action is deemed appropriate by the authorized person, persons, boards or committees of the RVAs or USA Volleyball.

### **The Following Actions are Prohibited:**

1. Violation of any anti-doping policies, protocols or procedures as defined by the International Olympic Committee, (IOC), World Anti-Doping Agency (WADA), Federation Internationale de Volleyball (FIVB), US Anti-Doping Agency (USADA) or the United States Olympic Committee (USOC). Violations of this provision will be adjudicated only by USADA or the proper anti-doping authority, not USA Volleyball (USAV).
2. Possession, consumption or distribution of alcohol and/or tobacco if illegal or in violation of USA Volleyball (USAV) or Regional Volleyball Association (RVA) policy.
3. USAV policy prohibits the possession, consumption or distribution of alcohol and/or tobacco by anyone registered as a Junior Olympic Volleyball Player at the event venue of any USAV/RVA sanctioned junior event.
4. Use of a recognized identification card by anyone other than the individual described on the card.
5. Physical damage to a facility or theft of items from a room, dormitory, residence or other person. (Restitution will be a part of any penalty imposed.)
6. Possession of fireworks, ammunition, firearms, other weapons or any item or material which by commonly accepted practices and principles would be a hazard or harmful to other persons at USAV/RVA sanctioned events.
7. Any action considered to be an offense under Federal, State or local law ordinances.
8. Violation of the specific policies, regulations, and/or procedures of the USAV, RVA, or the facility used in conjunction with a sanctioned event. (It is the responsibility of the individual to be familiar with applicable specific policies, regulations and procedures.)
9. Conduct which is inappropriate as determined by comparison to normally accepted behavior.

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10. Physical or verbal intimidation of any individual.
11. Actions that will be detrimental to USAV or the RVA.

### Northern California Volleyball Association Disciplinary Policy

Infraction When	Occurred	Suggested Maximum Penalty
First	Before or during event	Individual disqualified (if person is a junior, he/she will be sent home as soon as possible and parent or guardian notified.) The individual may be declared ineligible for USAV registration or RVA membership for one year starting from the date of the infraction
	After event concludes	The individual may be declared ineligible for USAV registration or RVA membership for one year starting from the date of the infraction.
Second	Before or during event	Individual disqualified (if person is a junior, he/she will be sent home as soon as possible and parent or guardian notified.) The individual may be declared ineligible for USAV registration or RVA membership for two years starting from the date of the infraction.
	After event concludes	The individual may be declared ineligible for USAV registration or RVA membership for two years starting from the date of the infraction.
Third		Individual may be declared ineligible for USAV registration or RVA membership for the remainder of his/her lifetime

#### ***Codes of Behavior***

The NCVA is committed to creating and upholding traditions of excellence through volleyball by focusing on responsibility and accountability. Everyone involved in the sport of volleyball will fit into at least one of the following categories.

#### ***Athlete Code of Behavior***

As an athlete, I:

- will participate in volleyball free of alcohol and drugs.
- will use positive verbal and physical behavior, controlling my temper and aggression.
- will give true information concerning another individual's involvement in or knowledge of an incident relevant to a violation of the rules.
- will play by the rules of volleyball.
- will display fair play by treating all those involved in the match with dignity and respect.
- will treat others as I would like to be treated.
- will work hard and honestly to improve performance and participation.
- will maintain a positive image of myself by participating for enjoyment.
- will respect the decisions of officials and tournament directors.

#### ***Parent Code of Behavior***

As a parent, I:

- will be positive in attitude toward volleyball and emphasize the cooperative nature of the sport.
- will encourage hard work and honest effort that will lead to improved performance and participation.
- will encourage and respect referees and officials and their integrity.
- will encourage athletes to participate for their own enjoyment.
- will be supportive of all attempts to remove verbal and physical abuse from organized volleyball activities, including the use of inappropriate language.
- will stay away from the playing area during the match.
- will applaud fair play during matches.
- will respect the decisions of officials and tournament directors.

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## *Spectator Code of Behavior*

As a spectator, I:

- will respect the rights of others and treat the visiting team and their spectators courteously.
- will abide by all applicable federal, state, and local laws while attending any match.
- will cheer positively for my team, using socially acceptable language.
- will respect the integrity and judgment of the officials without taunting or approaching them between sets or at the end of the match.
- will use only designated smoking areas that are clearly posted.
- will use litter receptacles to properly dispose of trash.
- will applaud good performances by both teams.
- will discourage all forms of violent behavior.
- will respect the decisions of officials and tournament directors.

## *Communication:*

Consistent communication between players and coaches is strongly encouraged throughout the season. All but the most difficult situations should be resolved directly between player and coach. If a resolution is still not found, a meeting of all concerned parties with the Club Director should be requested. The following sequence of problem resolution will be strictly followed:

1. Player → → Coach
2. Player/Parent → → Coach
3. Player/Parent/Coach → → Club Director